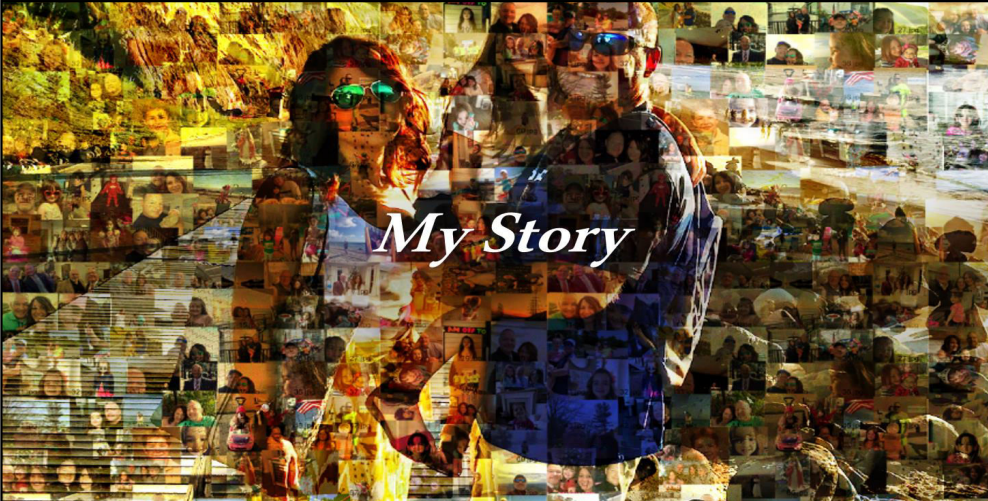



*“Turning Pain into Purpose –
From Leadership Burnout to Mental Health Advocate”*

Justin Azbill

- OSHA Incidents and Illnesses – Average 1000+ a year.
- 2022 Suicide Statistics USA
 - 49,499 souls lost in 2022
 - 79% were men.
- Construction Industry
 - 5000+ Lost to Suicide
 - 17,000+ Lost to SUD / Overdose.





My Story



**Self-Care
- Internal PPE -**

- 1 hour of Physical Fitness / Meditation
- Journal
- Peer Group –Weekly Meetings
- Sleep / Rest 7 hours minimum
- Set Healthy Boundaries.




Abductor Pollicis Brevis

Brachioradialis

Total Arm

Upper Arm

Wrist Pivot

Ergonomics Program

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My Hero

Be Powerful!

Build a Legacy

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PSYCHOLOGICAL SAFETY
STRONGER TOGETHER

S4S

VIS
Veterans In Safety

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INNOVATION · AGILITY · SPEED · URGENCY · OBSESSED WITH HIGH PERFORMANCE
EMERGED LEADERS · ONE TEAM MENTALITY · NEVER LET US ALTERNATE

Milwaukee

JUSTIN AZBILL
Director - National EHS at Milwaukee Tool

CONSTRUCTION INDUSTRY ALLIANCE
SUICIDE PREVENTION

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