

Τ





Course Objectives

The objectives for this course are:

- 1. Identity common safety hazards in roadway construction.
- 2. Identify the major electrical hazards in roadway construction.
- 3. List ways to protect yourself from roadway construction hazards.

2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

3



OSHA Focus Four



- Height
- Equipment
- Same level
- Lower level



- Temporary traffic control
- Flaggers
- Internal traffic control
- Spotters



- Equipment
- Vehicles
- Sphere of safety



- Define electrical hazards
- Identify electrical hazards
- Protect yourself from injury and death

2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

_



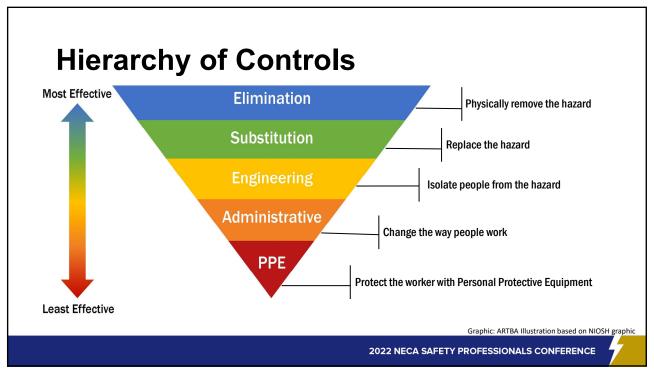
Roadway Construction

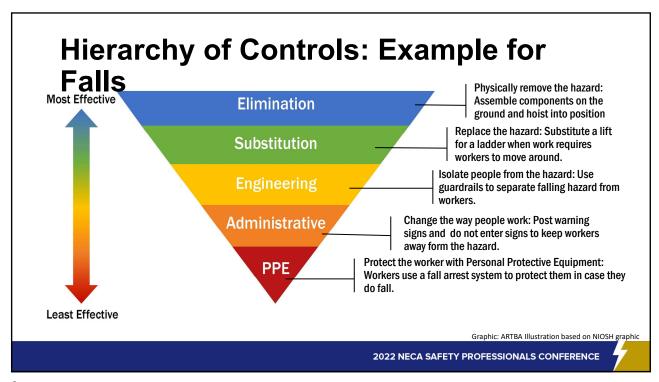
- 1. Struck-by hazards
- 2. Fall hazards
- 3. Caught-in or between hazards
- 4. Electrical hazards



2022 NECA SAFETY PROFESSIONALS CONFERENCE

7







Falls Knowledge Check Question 1

What's the trigger height for fall protection in construction?

2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

11

Falls Knowledge Check Answer 1



Six feet in the construction industry

2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Falls Knowledge Check Question 2

What's the trigger height for fall protection from scaffolds in construction?

2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

13

Falls Knowledge Check Answer 2

Ten feet above a lower level



Type of scaffold	Fall Protection required
Aerial lifts	Guardrails and fall restraint
Mobile Scaffold (scissor lifts)	Guardrails required & fall restraint recommended
Float & Needle beam scaffold	Personal fall arrest system
Ladder & pump jack scaffold	Personal fall arrest system OR guardrail system
Self-contained scaffold	Personal fall arrest system OR guardrail system
Single-point and two-point suspension scaffold	Personal fall arrest system AND guardrail system
Supported scaffold	Personal fall arrest system OR guardrail system
All other scaffolds	Personal fall arrest system OR guardrail system that meets criteria

2022 NECA SAFETY PROFESSIONALS CONFERENCE



Falls Knowledge Check Question 3

 How many feet from an unprotected edge constitutes as fall protection?

2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

15

Falls Knowledge Check Answer 3



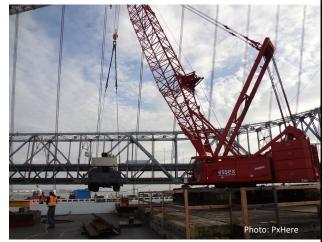
There is NO safe distance from any unprotected edge

2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Falls from Height

- Maintenance & repair of bridges & overpasses
 - Installing bridge decking
 - · Installing overhead signs
- Form work & reinforcing steel
 - Mounting, dismounting, & moving cranes & other equipment
- Accessing work areas from mobile elevated work platforms, scaffolding & ladders
- Demolition



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

17

Preventing Falls from Height

- Guarding the hazard
- Fall arrest system
- Fall restraint system
- Nets



2022 NECA SAFETY PROFESSIONALS CONFERENCE

7

Falls from Equipment

- Getting in & out of cabs
- Paving machines & other ride-on equipment
- Mobile elevated work platforms (MEWPs)



2022 NECA SAFETY PROFESSIONALS CONFERENCE

19

Preventing Falls from Equipment

- Don't jump down or off equipment
- Use 3-point system
- Follow manufacturer's instructions
- Use fall protection system on MEWPs and lifts



Photos: ARTBA

2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Falls from the Same Height

- Ice & snow
- Water & mud
- **Rocks**
- Work site debris
- Heavy equipment tracks



2022 NECA SAFETY PROFESSIONALS CONFERENCE

21

Preventing Falls from the Same Height

- PPE
- Good housekeeping
- Mark ground hazards
- Clear pedestrian pathways of hazards



2022 NECA SAFETY PROFESSIONALS CONFERENCE

Falls to a Lower Level

- Holes
- Pits
- Trenches
- Excavations



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

23

Preventing Falls to a Lower Level

- Cover holes
- Roadway covers must support 2x max. axle load of largest vehicle to cross over
- Internal traffic control plan
- Mark hidden edges of trenches
- Keep workers away



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

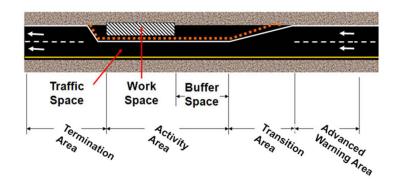


BREAK



Temporary Traffic Control

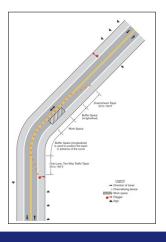
- A advanced warning area
- •T transition area
- •B buffer space
- A activity area
- •T termination area

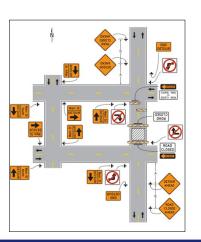


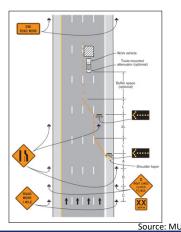
2022 NECA SAFETY PROFESSIONALS CONFERENCE

27

Temporary Traffic Control Plan - TTCP







2022 NECA SAFETY PROFESSIONALS CONFERENCE

ZUZZ NECA SAFETT PROFESSIONA

Temporary Traffic Control Devices







2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

29

Flaggers



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

Preventing Motorist Struck-by Incidents

- Monitoring TTCDs
- Positive protection
- Escape route
- Stay alert



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

31

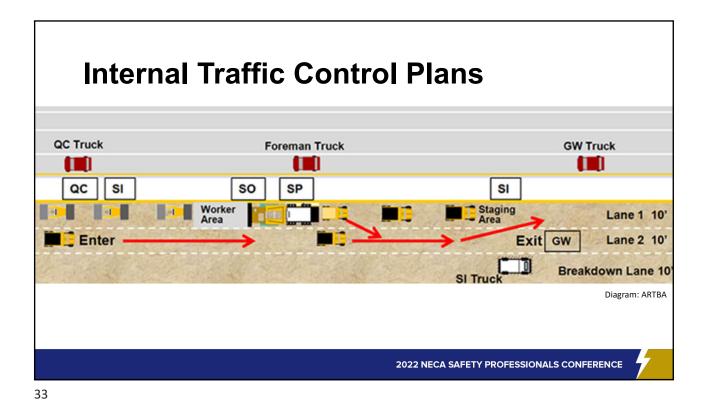
Internal Traffic Control

- Separate workers on foot from equipment & vehicles
- Coordinate & control flow of construction vehicles
- Establish a communication plan



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+



Access & Egress



2022 NECA SAFETY PROFESSIONALS CONFERENCE

Parking, Staging & Rest Areas



2022 NECA SAFETY PROFESSIONALS CONFERENCE

35

Blind Spots Video Presentation

Produced by ARTBA and the Federal Highway Administration



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

Spotters

- Know the ITCP
- High visibility clothing
- Hand signals

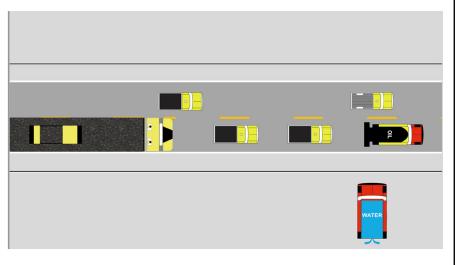


2022 NECA SAFETY PROFESSIONALS CONFERENCE

37

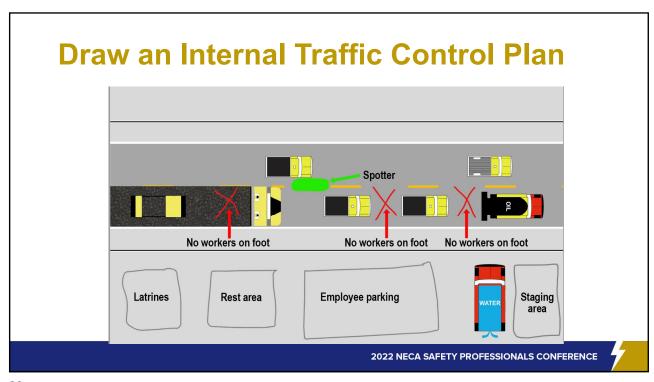
Draw an Internal Traffic Control Plan

- 1. Outline
- Employee parking
- Rest area
- Latrines
- Staging area
- 2. Place an X in places where workers on foot are NOT allowed
- 3. Draw an oval for where to station a spotter



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4





Rollovers

- Steep grades
- Soft shoulders
- Exceeding manufacturer operating limits
- Loading and unloading for transport



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

41

Preventing Rollovers

- Brakes
- Alarms & cameras
- Mirrors
- Tires
- Manufacturer's specs
- Training



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Cranes

- Pinched in hooks
- Crushed or tangled in rigging
- Crushed between loads
- Assembly & disassemble



Photo: Bill Jacobus CC 2.0

2022 NECA SAFETY PROFESSIONALS CONFERENCE

43

Preventing Caught-in or Between Cranes

- Stay away from crane operations
- Visual contact with crane operator
- PPE
- Movement alarms



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Trailers & Transport

- Shifting loads
- Overloaded trailers
- Load not secured
- Damaged trailer



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

45

Preventing Caught-in Trailers & Transport

- Walk around safety inspection before loading
- Secure all equipment & moving parts
- Use trained spotters & riggers
- Keep non-essential personnel away



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+



BREAK





49

Video Presentation

Why Don't Birds Get Electrocuted on Powerlines?



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

Dangers of Electricity







2022 NECA SAFETY PROFESSIONALS CONFERENCE

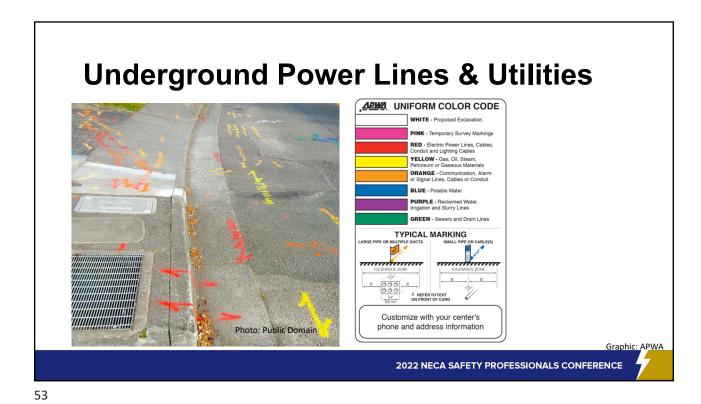
51

Electrical Hazards

- Underground power lines
- Overhead power lines
- Arc flash
- Electrical panels
- Transformers & generators
- Power tools & extension cords



2022 NECA SAFETY PROFESSIONALS CONFERENCE



Overhead Power Lines

- Dump trucks
- Cranes
- Concrete pumps
- Excavators
- Mobil elevating work platforms (MEWPs)
- · Ladders/Scaffolds
- Equipment/Material storage



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Safe Distance - Overhead Power Lines

Minimum Clearance Distances	
Voltage	Minimum clearance
(nominal, kV, alternating current)	distance (feet)
up to 50	10
over 50 to 200	15
over 200 to 350	20
over 350 to 500	25
over 500 to 750	35
over 750 to 1,000	45
over 1,000	(As established by the utility owner/ operator or registered, qualified professional engineer.)

Note: The value that follows "to" is up to and includes that value. For example, over 50 to 200 means up to and including 200kV.

2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

55

Dump Trucks Photo: ARIBA 2022 NECA SAFETY PROFESSIONALS CONFERENCE

MARCH 15, 2018

- LORTON, Va. Police have identified the truck driver who was killed after being electrocuted when his vehicle made contact with power lines Thursday morning in Lorton.
- 47-year-old Bobby Blevins, Jr. was found unconscious on the side of the road near Mordor Drive and Furnace Road around 6 a.m. Paramedics who were providing him medical attention noticed that the metal arm of the extended truck cover appeared to be in contact with the overhead wires along the roadway.

2022 NECA SAFETY PROFESSIONALS CONFERENCE



57





59

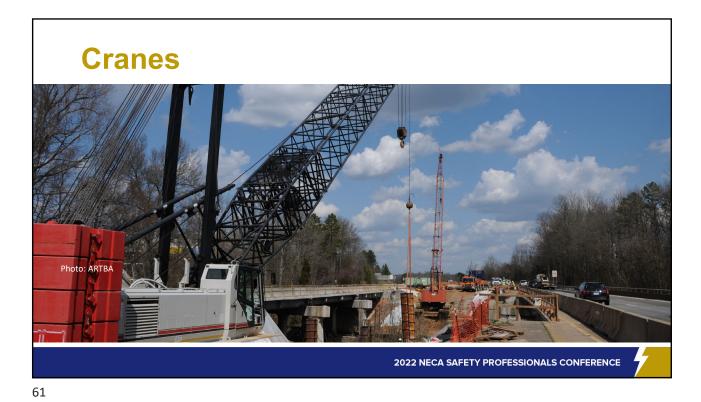
Video Presentation

Besides
electrocution, when
a dump truck or
other equipment
hits a power line,
the tires can blow
out.



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4



Encroachment Prevention Strategy

- Planning meeting
 - 1. De-energize & ground
 - 2. Respect 20-foot clearance
 - 3. Ask utility for voltage and use Table A



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

Concrete Pumps & Excavators



2022 NECA SAFETY PROFESSIONALS CONFERENCE

63

Video Presentation

Result of a boom contacting power lines



2022 NECA SAFETY PROFESSIONALS CONFERENCE

4

Swing Radius

- Cranes
- Concrete pumps
- Excavators

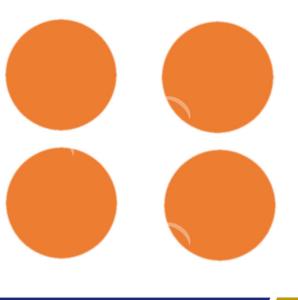


2022 NECA SAFETY PROFESSIONALS CONFERENCE

65

Sphere of Safety

- The Sphere of Safety means no matter how the equipment pivots or moves, it will not come in contact with workers, utilities or other objects during its planned, stationary operation.
- Control Zones should be designated so workers and equipment do not likewise enter the imaginary sphere.



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Mobile Elevated Work Platforms (MEWPs) & Fork Lifts



67

If Contact is Made . . .

- 1. If possible, back away to break contact.
- 2. Stop, set break and shut-down equipment.
- Operator should stay seated in the cab, avoiding contact with any metal until line is deenergized – if safe
- 4. Contact 911 and secure the area.
- 5. Workers outside the equipment should stay back and not attempt to assist operator.



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

Video Presentation

How to safely exit a vehicle that has contacted power lines
This video is produced by WorkSafe BC.



2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

69

Video Presentation

This Might Shock You: Downed Power Line Produced by Puget Sound Energy



2022 NECA SAFETY PROFESSIONALS CONFERENCE



Course Summary

- Describe what employers are required to do to protect their workers.
- 2. Identity common safety hazards in roadway construction.
- 3. Define electrical hazards common in roadway construction.
- 4. Identify the major electrical hazards in roadway construction.
- List ways to protect yourself from electrical hazards.



Version: November 2017

2022 NECA SAFETY PROFESSIONALS CONFERENCE

+

71

Complete the Online Evaluation



2022 NECA SAFETY PROFESSIONALS CONFERENCE